

WHAT YOUR PHARMACIST CAN DO

SO YOU DON'T HAVE TO SEE A DOCTOR

Your pharmacist can assess, prescribe (when appropriate), and help manage many common conditions.

Safe. Convenient. Trusted care.



1. ALLERGIES

Relief for sneezing, runny nose, itchy eyes, and other allergy symptoms.



2. COUGHS & COLDS

Treatment for colds, sore throats, coughs, and congestion.



3. URINARY TRACT INFECTIONS (UTIs)

Assessment and treatment for uncomplicated UTIs in women.



4. DIABETES MANAGEMENT

Help with blood sugar management, education, and medication support.



5. ACID REFLUX

Relief for heartburn, indigestion, and acid reflux symptoms.



6. MINOR SKIN CONDITIONS

Treatment for acne, rashes, mild eczema, and other skin concerns.



7. MEDICATION REVIEW & MANAGEMENT

We review your medications to help improve safety, effectiveness, and results.



8. CONTRACEPTION

Assessment and prescription of birth control options that are right for you.



9. TRAVEL HEALTH

Advice, medications, and vaccines to help keep you healthy while you travel.



10. EAR INFECTIONS

Assessment and treatment for minor ear infections and discomfort.



11. SMOKING CESSATION

Support, tools, and medications to help you quit smoking for good.



12. BLOOD PRESSURE MANAGEMENT

Monitoring, education, and support to help manage your blood pressure.



WE ARE YOUR HEALTHCARE PARTNER.

No appointment needed in many cases. Walk in and let us help you feel better—faster.



CALL US

519-491-6861



500 Exmouth St. #3
(Northgate Plaza)
Sarnia, ON N7T 5P4



FREE
BLISTER
PACKAGING



FREE DELIVERY
IN SARNIA



LOCAL CARE
YOU CAN TRUST



ALL DRUG PLANS
ACCEPTED

We do not replace your doctor.
We work with your healthcare team to support your health.



WHAT YOUR PHARMACIST CAN DO



Exmouth Pharmacy

ALWAYS THERE FOR CARE

MORE WAYS WE CAN HELP

ADDITIONAL SERVICES WE OFFER



BLISTER PACKAGING (MEDPAK)

Your medications are packaged by dose and time to help improve safety, adherence, and peace of mind.



MEDICATION SYNCHRONIZATION

All your medications refilled on the same day each month—one trip, one copay (when applicable), less stress.



VITAMIN & SUPPLEMENT ADVICE

Personalized advice to help you choose the right vitamins and supplements to support your health goals.



HOME HEALTH CARE PRODUCTS

A wide selection of products to help you or your loved ones stay comfortable and cared for at home.



IMMUNIZATIONS & VACCINES*

Flu shots, COVID-19 vaccines, shingles, pneumonia, travel vaccines and more. Stay protected. Stay healthy.

*Age and eligibility restrictions may apply.



COMPRESSION STOCKINGS

Properly fitted compression stockings to help improve circulation and reduce swelling and discomfort.



SENIOR CARE SUPPORT

We help with medication reviews, management, and support to help seniors live safely and independently.

YOUR PHARMACIST CAN HELP YOU



Your pharmacist is a highly trained healthcare professional who can assess, prescribe when appropriate, and help manage many common health conditions.

WE CAN:

- ✓ Assess your symptoms and medical history
- ✓ Prescribe medication when appropriate
- ✓ Order lab tests when needed
- ✓ Adjust prescriptions to optimize results
- ✓ Provide ongoing monitoring and follow-up



PHARMACISTS IN ONTARIO CAN PRESCRIBE FOR:

- Minor ailments
- Chronic disease management
- Preventive care
- Medication adjustments
- Lab test ordering

All prescriptions are documented in your health record and shared with your doctor as part of your healthcare team.



**SKIP THE WAIT.
WE CAN HELP.**

Expert care. Right here. Right now.



CALL US TODAY!

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